

# 1<sup>st</sup> Class Kids

## Chefsville-Kids: Life

(Assembly and Classroom Programs)



On-Campus

Time: 9am - 2:15pm, evenings for PTA/PTO orgs

Grades: K – 5

Community/Family, Talented/Gifted, Special Ed, Bilingual

### Description

Food is a fantastic vehicle to provide an exciting learning adventure that will captivate students as they are the “STARS” in this workshop. Students expand their discovery of the incredible world of cooking, health and nutrition through this workshop while they practically apply social studies into their daily lives. LIFE will thrill students as they discover life all around them. Recognizing organisms in the neighborhood to life cycles and to the relationship between the Sun, Moon and the Earth, students will learn about Life on earth and how water makes it available to have life. They will learn about recycling and see how animals and plants adapt and change. Students will then partake of a cooking demo and tasting of a natural dish that they can make at home. A lively presentation about LIFE will show how beautiful science can be and science is a key in understanding the world around them. Prior to any session or group of sessions, chef educators and classroom teachers may collaborate to insure that program meets classroom TEKS. Discussions, worksheets and activities that use science will allow students to make sense of their world while developing life-skills to make healthier choices for their success. Kids will shine as they focus on science using critical thinking, problem solving, relationship building and technology to develop conclusions through the living world.

### Students will

- Learn about food chains, food webs and life cycles
- Discover how plants and animals can survive in harsh environments
- Discover the difference between nurture and nature
- Use their 5 senses to understand flavors & connect between science and food
- Learn about how the body digests food, kitchen safety & etiquette
- Understand the planet’s ecosystems in relationship to ingredients, herbs and spices
- Partake of a cooking demo and tasting of a natural dish

**Dates:** Monday – Friday 9am – 2:15pm; evenings available for clubs & PTA/PTOs

**Duration:** 30 minutes – 1 hour depending upon grade level

**Price:** \$299 Assembly / \$169 Classroom

**Attendance:** Min. 5 / Max. 225

**Technical Needs:** Overhead projector, electrical outlets, speaker system (if needed), laptop, cart, 2- 8ft tables & trash can

**Scheduling / Booking:** Deadline 2 weeks advance notice. Event must be confirmed at least 2 weeks ahead of event date. Please book event as far out as possible as demand for 1st Class Kids/Chefsville Kids programming has dramatically increased. Program is confirmed when you sign the contract. If leaving a voice mail, please leave school name, your name, your direct phone# and extension along with the times you are available.

**Cancellation Policy:** All venues cancelled by the school after confirmation or as a result of a district-wide closing and/or adverse weather are to be rescheduled within a week. If venue is cancelled by 1st Class Kids due to inclement weather, or unforeseen circumstances or circumstances beyond our control a refund will not be granted, and program is expected to be rescheduled and confirmed within one week. Full payment will be required if programs/events are not cancelled or rescheduled at least 4 days prior to the original class start time. 1<sup>st</sup> Class Kids must approve all reschedule dates and times.