



# AVOCADO AND PAPAYA SALAD

## Ingredients

- 2 avocados, peeled, halved, and pitted
- 1 papayas, peeled, halved, and seeded
- 1 lime, zest and juiced
- ½ teaspoon salt
- ¼ teaspoon sugar
- 1/8 teaspoon freshly ground black pepper
- 1/8 teaspoon cayenne
- ¼ cup extra-virgin olive oil
- ¼ cup white or black sesame seeds

## Directions

Slice the avocados lengthwise into 1/2-inch thick slices. Slice the papayas widthwise into 1/2-inch thick slices. Arrange overlapping slices on a serving platter, alternating slices of avocado and papaya. In a small bowl, combine the remaining ingredients and stir to combine. Spoon the dressing over the avocado and papaya. Serve immediately.

Prep time: 10 minutes



## Officer Andy's Safety Corner

